



## CPCS – A59C – Lifting Operations



### Course Aim

This course aims to provide delegates with the knowledge and practical skills to safely to perform lifting operations with a 360 Excavator above 10 tonnes, delivered through a combination of classroom-based tutorials and practical training and exercises.

If you are booking with less than 5 working days' notice from the course start date, please phone [0345 605 0006](tel:03456050006) to confirm this course.



### Who Should Attend?

Experienced excavator operators have passed a CPCS - A59 card who are required to perform lifting operations with their machine.



### Course Duration

This is a 1 day course.



### Maximum Delegates

Maximum attendees: 3 delegates.



### Pre-Requisites

#### Pre-requisites:

- Delegates must have a valid health, safety and environment test for operatives (OPS) within the past 2 years (also referred to as the CSCS touch screen test)
- Delegates must already hold either an A59a or A59b operator card. These tests can be taken prior to the course.

Failure to arrive on the course with the relevant test completed and in date, will result in your not being permitted to undertake the exams at the end of the course. No refund will be given for exams cancelled as a result of you not having the relevant test completed.

More information can be found on the CITB website.

A good understanding of spoken and written English is also required.

Your booking can only be confirmed once we receive the following information:

1. Existing CSCS Card Number
2. NI Number
3. D.O.B.

WE will be in contact within 48 hours after you make your booking to collect further information prior to confirming your space on the course.





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### Agenda

- Understanding lifting regulations and safety procedures
- Interpreting load charts and lifting plans
- Selecting appropriate lifting attachments
- Planning and preparing for lifting operations
- Identifying potential hazards and mitigating risks
- Safe travel with suspended loads
- Performing pre-lift checks and maintenance
- Hand signals and communication protocols

#### Assessment:

Typically involves both theory and practical assessments, including demonstrating safe lifting techniques on an excavator.



### Certification

This course will give delegates a CPCS Red Trained Operator card (on successful completion of CPCS technical tests).

#### Trained Operator Card (RED)

The Trained Operator Card confirms a level of core skills, knowledge, and understanding that can be applied in the workplace until measured as competent against national standards. Experienced and capable operators may hold a Trained Operator Card while working towards an SVQ or NVQ.

If you hold or have held a previous CPCS card and wish to progress, please let us know before booking.

Once you've obtained your Red CPCS Trained Operator Card, it is valid for 2 years. During this time, you are expected to complete an NVQ in Plant Operations to progress to a Blue CPCS Competence Card.

If you have not completed your NVQ within the 2-year period, the accreditation body, NOCN-CPCS, may allow a grace period provided you are registered and booked onto an NVQ course. For further guidance on eligibility and next steps, please contact our team.

#### Competent Operator Card (BLUE)

The Competent Operator Card confirms that the holder has demonstrated health and safety awareness (via the CITB Health, Safety, and Environment test), underpinning knowledge (via a CPCS theory test), operating ability (via a CPCS practical test), and operating competence on the type of plant (evidenced by an SVQ, NVQ, or employer confirmation of competence).

**Safety / Value / Availability / Support**